



2018 - 2019 SEASON

Health Topic Schedule

DATE	TOMAHAWKS PROMOTION	KIDS CLUB TOPIC
Oct 5	Opening Night	Welcome / Exercise
Oct 6	Faceoff Against Cancer	Healthy Food Choices
Oct 27	Hat Trick or Treat	Dental Hygiene
Oct 28	Pucks and Paws	Animal Safety
Nov 9	Military Appreciation	Helmet Safety / Concussions
Nov 10	Military Appreciation / Scout Night	Hand Washing
Nov 16	Christmas Ornament Giveaway	Keep Your Community Healthy
Nov 17	Star Wars Night	Imagination / Creativity
Nov 21	Chamber of Commerce BOGO Night	Cold / Flu Prevention
Nov 23	Black Friday Giveaways	Say No to Drugs
Nov 24	Johnstown Chiefs Throwback Night	Importance of Learning
Dec 14	Souvenir Beanie Hat Giveaway	Winter Safety
Dec 15	Teddy Bear Toss	Acts of Kindness
Dec 30	Pack the House for Charity	Giving Back
Dec 31	New Years Eve with Josh Gallagher	Sticking to Healthy Habits
Jan 18	Hockey and Heels	Staying Hydrated
Jan 19	Oldies Night	Medication Safety
Feb 1	Kids Run the Show	Celebrating Diversity
Feb 2	Chopper's Birthday Party / Mascot Mania	Self Esteem
Feb 8	Faith and Family	Five Food Groups
Feb 9	Princesses and Heroes Night	Doing What You Love / Careers
Feb 10	Undie Sunday	Healthy Sleeping Habits
Feb 15	Red Out	Heart Health
Feb 16	Mystery Bobblehead Giveaway	Staying Active in the Winter
Mar 8	Fight Night	Trauma Prevention
Mar 9	Guns and Hoses	First Responders
Mar 29	Fan Appreciation / Race Night	Healthy Lungs
Mar 30	Fan Appreciation	Fun in the Sun